

## **Must Read:**

***Coach's Edge Pillars Of Successful Teaching:***

***The key fundamentals that a coach must insist the players learn without compromise are:***

***The best teams understand and execute the following core traits that enable the players to reach their potential and grow to reach greater heights in their hockey pursuits:***

- ***Develop speed training. Learning to accelerate quickly and efficiently to gain and maintain possession of the puck. Evasive moves will be taught and practiced to allow for the better one on one play in tight areas of the ice. Scoring will be an emphasis.***
- ***Pass and receive the puck at full speed realizing that such training improves vision, develops quick decision making while playing a puck possession team game.***
- ***The players will understand the concept of support to allow for quick passing and transition to facilitate puck movement within the team first approach.***
- ***Each player will angle check his man preventing him from gaining the middle with the total defensive philosophy to forcheck in every zone.***
- ***The players will drive the net hard creating scoring chances by going to areas that allow for more scoring chances and more fun in the game.***
- ***The players will learn to work at full speed practicing above their comfort level to reach their potential and develop confidence in their abilities.***



***Coach's Edge will provide video drill selections that are proven. They Simply Work!***

### **Power of Three:**

***Coach's Edge utilizes the Power of Three Training and Teaching methods that create the best learning situations and the most fun for players. Coach's Edge understands and implements drill sequencing that inspires and ignites learning for the millennial athlete.***

***Joining Coach's Edge you get effective, proven methods of becoming a Great Coach.***

***Let Coach's Edge meet with your Minor Hockey to discuss how to implement the best teachings today!***



**Power of Three**